

Year One Nursing Skills

Student Name:

Skills	Workshop Attendance	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date
Bed bathing / Hair Care														
Bed making														
Blood Glucose Monitoring														
Blood Pressure Recording														
Ear Checks														
Eye Checks														
Hand Massage														
Hand washing / Asepsis														
Heart / Apex														
Height & Weight														
Hoist														
Mobilising, Repositioning, Transferring														
Oral Cares / Assistance Meals														
Peak Flows														
Pulses: Radial / Brachial/ Pedal/ Cartoid														
Respirations / Chest Sounds														
ROM / PAC														
Showering														
Suppositories / Enemas														
Temperature														
Toileting														
Urinalysis														

Years Two and Three Nursing Skills

Student Name:

SKILLS	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date
Administration of medications:													
• Oral													
• Topical													
• Subcutaneous													
• Intramuscular													
• nebulization													
Assessment of a child's physical development													
Baby Bathing													
Bandage Application													
Blood sugar level monitoring													
Cardio-pulmonary resuscitation													
Care of the Deceased													
Cleansing enema													
Clip/Suture removal													
Documentation													
• Admission													
• Discharge													
• Fluid Balance charting													
• Report writing													
Hemodynamic monitoring													

Years Two and Three Nursing Skills (cont'd)

SKILLS	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date
Intravenous therapy													
• Preparation of equipment													
• Changing IV flasks													
• Removal of IV cannula/line													
• Care of peripheral IV site													
Intercostal catheter care													
Isolation procedures													
Limit setting for health consumers													
Management of hostile health consumer													
Management of Patient Controlled Analgesia (PCA)													
Management of Total Parenteral Nutrition (TPN)													
Mental Status Assessment													
Nasogastric Tube :													
• Insertion/Removal													
• Aspiration													
• Enteral Nutrition													
Neonate Assessment													
Neurological Observations													
Neuro Vascular Assessment													
Oxygen Therapy													
Peak Flow Monitoring													

Years Two and Three Nursing Skills (cont'd)

SKILLS	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date
Physical Assessment:													
• Auscultation of bowel sounds													
• Auscultation of heart sounds													
• Auscultation of breath sounds													
• Percussion/Palpation													
Post Natal Checks													
Reality Orientation/ Validation Techniques													
Stoma Care													
Suctioning:													
• Oropharyngeal													
• Tracheal													
Surgical Asepsis:													
• Application of sterile gloves													
• Simple aseptic dressing technique													
Suicide Risk Assessment													
Urinary drainage:													
• Insertion of catheter													
• Management of catheter													
Venipuncture													
Wound drainage management													
Falls Assessment													
Depot Injections													